

**UTAH VALLEY CENTRAL OFFICE**

**758 SOUTH 400 EAST, OREM 801-375-8620 www.utahvalleyaa.org. Email:aa@utahvalleyaa.org**

**Office Hours: MON-FRI, 2PM to 7PM. Volunteer Hours: MON-SAT, 9AM to 1PM. HOTLINE-801-857-7294 (After Hours)**

SUNDAY				WEDNESDAY			
9:00 AM	Serenity Breakfast	1680 North 200 West-Provo	Open	6:30 AM	Living Sober	496 W 1400 N-Orem	Open
9:00 AM	PaddleBoard Meeting	4400 W Center-Provo	Open	10:30 AM	Living Sober	496 W 1400 N-Orem	Open
10:00 AM	Spiritual Breakfast Mtg.	1435 N Main-Springville	Open	Noon	Back to Basics	50 W 200 N-Provo	Open
10:30 AM	Living Sober	496 W 1400 N-Orem	Open	Noon	Living Sober	496 W 1400 N-Orem	Open
Noon	Living Sober	496 W 1400 N-Orem	Open	5:30 PM	Living Sober	496 W 1400 N-Orem	Open
2:00 PM	Living Sober (Tweeners)	496 W 1400 N-Orem	Open	6:00 PM	Pleasant Grove Group	35 S Main St.-PG	Open
5:00 PM	Payson Evening Group	742 S 1270 West-Payson	Open	6:45 PM	Living Sober	496 W 1400 N-Orem	Open
5:30 PM	Living Sober (Commuter)	496 W 1400 N-Orem	Open	7:00 PM	Payson Group	956 W 800 S-Payson	Open
6:00 PM	Pleasant Grove Group	35 S Main St. PG	Open	8:00 PM	Friends Of Dr. Bob Group	245 S. 200 E.-Springville	Closed
7:00 PM	Living Sober (Speaker)	496 W 1400 N-Orem	Open	8:00 PM	Living Sober	496 W 1400 N-Orem	Open
8:00 PM	Young at Heart Group	50 W 200 N-Provo	Open	8:00 PM	Grupo Experiencia Personal	1800 South State-Orem	Open
8:00 PM	PrimeTime Special	834 E State St.-AF	Open	THURSDAY			
8:00 PM	Grupo Experiencia Personal	1800 South State-Orem	Open	6:30 AM	Living Sober	496 W 1400 N-Orem	Open
8:30 PM	Living Sober	496 W 1400 N-Orem	Open	10:30 AM	Living Sober	496 W 1400 N-Orem	Open
MONDAY				Noon	No Big Deals	50 W 200 N-Provo	Open
10:30 AM	Living Sober	496 W 1400 N-Orem	Open	Noon	Living Sober	496 W 1400 N-Orem	Open
Noon	Back To Basics	50 W 200 N-Provo	Open	Noon	Lunch Bunch	575 E University Pkwy.-Orem	Open
Noon	Living Sober	496 W 1400 N-Orem	Open	5:30 PM	But For The Grace of God (Women) @ 50 W 200 N-Provo		Open
5:30 PM	Living Sober	496 W 1400 N-Orem	Open	5:30 PM	Living Sober	496 W 1400 N-Orem	Open
6:15 PM	AS Bill Sees It	50 West 200 North-Provo	Open	7:00 PM	Design For Living Group	3000 N. Triumph Blvd.-Lehi	Open
7:00 PM	Sisters in Sobriety	239 S Main-Springville	Closed	7:00 PM	Lehi AA 101	55 N Center-Lehi	Open
7:00 PM	Lehi AA 101	55 N Center-Lehi	Open	8:00 PM	Staying Alive Group	496 W 1400 N-Orem	Open
8:00 PM	Young People in AA	35 S Main St.-PG	Open	8:00 PM	Grupo Experiencia Personal	1800 S State-Orem	Open
8:00 PM	Grupo Experiencia Personal	1800 S State-Orem	Open	FRIDAY			
8:00 PM	Provo #1 Group	175 N University Ave-Provo	Open	10:30 AM	Living Sober	496 W 1400 N-Orem	Open
8:00 PM	Misfits Surrender	245 S 200 E-Springville	Closed	Noon	Back To Basics	50 W 200 N-Provo	Open
TUESDAY				Noon	Living Sober	496 W 1400 N-Orem	Open
6:30 AM	Living Sober	496 W 1400 N-Orem	Open	5:30 PM	Living Sober	496 W 1400 N-Orem	Open
10:30 AM	Living Sober	496 W 1400 N-Orem	Open	7:00 PM	Ladies Night (women)	35 S Main St. Pleasant Grove	Open
Noon	No Big Deals	50 W 200 N-Provo	Open	7:00 PM	Payson Group	956 W 800 South-Payson	Open
Noon	Living Sober	496 W 1400 N-Orem	Open	7:00 PM	Came to Believe	777 N Palisades Dr.-Orem	Open
Noon	Lunch Bunch	575 E University Pkwy/Orem	Open	8:00 PM	Living Sober	496 W 1400 N-Orem	Open
5:30 PM	Living Sober	496 W 1400 N-Orem	Open	8:00 PM	Grupo Experiencia Personal	1800 S State-Orem	Open
6:45 PM	Tuesday 6:45 meeting	50 W 200 N-Provo	Open	8:00 PM	BYOC	245 S 200 East-Springville	Closed
7:00 PM	Design For Living Group	3000 N Triumph Blvd.-Lehi	Open	8:30 PM	UROK	496 W 1400 N-Orem	Open
7:00 PM	Oakley Group	911 Cattlemans Hall-Oakley	Open	SATURDAY			
7:30 PM	High Chaparral Group	475 South Main-SF	Closed	9:00 AM	Sober @ Sunrise	50 West 200 North-Provo	Open
8:00 PM	Pleasant Grove Group	35 S Main St. PG	Open	10:30 AM	Living Sober	496 W 1400 N-Orem	Open
8:00 PM	Rule 62	496 W 1400 N-Orem	Open	Noon	Living Sober	496 W 1400 N-Orem	Open
8:00 PM	Grupo Experiencia Personal	1800 South State-Orem	Open	5:30 PM	Living Sober	496 W 1400 N-Orem	Open
8:00 PM	Professionals in Recovery	74 South 360 East-AF	Open	7:00 PM	Bridge to Recovery	105 E 100 North-Provo	Closed
Listing groups and meetings of AA does not constitute or imply approval or endorsement of the meeting's autonomous approach to or practice of the AA program.				8:00 PM	Pleasant Grove Group	35 S Main St-Pleasant Grove	Open
"Open" meetings are available to anyone interested in the AA program of recovery.				8:00 PM	Living Sober	496 W 1400 N-Orem	Open
"Closed" meetings are for AA members only, or those that have a drinking problem.				8:00 PM	Grupo Experiencia Personal	1800 S State-Orem	Open
				9:30 PM	Living Sober	496 W 1400 N-Orem	Open

Updated: 9/12/2019