

# THE NO BOOZE NEWS



Alcoholics Anonymous - Utah Valley Central Office April 2018

**Step 4-Made a searching and fearless moral inventory of ourselves**

*Tradition 4 - Each group should be autonomous except in matters affecting other groups or AA as a whole.*

**Concept 4** - Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

## ***Fourth Step Prayer***

*"God, Please help me to be free of anger and to see that the world and its people have dominated me. Show me that the wrong-doing of others, fancied or real, has the power to actually kill me. Help me to master my resentments by understanding that the people who wrong me were perhaps spiritually sick. Please help me show those I resent the same Tolerance, Pity and Patience that I would cheerfully grant a sick friend. Help me to see that this is a sick man. Father, please show me how I can be helpful to him and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and every one. Thy will be done."*

## **Utah Valley Central Office**

742 North 500 West #103, Provo, Ut. 84601

Phone (801) 375-8620

Monday -Friday

9am-11:30am

1:30pm-4pm

Website: [www.utahvalleyAA.org](http://www.utahvalleyAA.org)

Office Manager: - Mitch [aa@utahvalleyaa.org](mailto:aa@utahvalleyaa.org)

Chairman Jill – [chairman@utahvalleyaa.org](mailto:chairman@utahvalleyaa.org)

Central office now accepts credit and debit cards.

## **Central Office Meetings**

When: 3<sup>rd</sup> Wednesday of the month

Time: 6:30pm

## **District Office Meetings**

When: 1<sup>st</sup> Wednesday of the month

Time: 6:30pm

## **Place Provo for both meetings- St. Mary's Church**

**How many of us have wanted to go to a meeting and it is no longer active or at another location? We need your help keeping a current meeting schedule.**

**If you are aware of a meeting that has been canceled or has moved, please contact Mitch at 801-375-8620 or E-Mail [aa@utahvalleyaa.org](mailto:aa@utahvalleyaa.org)**

## **Home and Hospital Meetings**

**Did you know that if you or anyone you know that is homebound or in the hospital can have a meeting brought to you?**

**Ricky is your guy! Call 385-375-4692**

**AA Hotline Now Available: Call if you need help with your drinking problem! (don't call for rides, etc. - this number is for helping you Not Drink!) **801-857-7294****

## **Calling all Sponsors**

**In order to be thorough and include everyone in the Birthday Calendar I would ask all you kind and giving people to give once more and E-mail a list of all your Sponsee's names and birthdays to [utahcountynoboozenews@gmail.com](mailto:utahcountynoboozenews@gmail.com).**

## **Unity**

**In an effort to support unity between groups, and groups and Central Office, please let us know if your group is sponsoring any events and you would like help getting the word out. Also, if your group would like to sponsor an event.**

## What's Happening Around AA



### Easter Celebration

March 31, 2018

Provo exchange park  
(Weather Permitting)

10 am - 1 pm

900 No 700 W

Provo

Egg hunt 3 and under 10:00

Egg hunt 4 and up 10:30

Kid games, craft and piñata

50/50 and raffle item

Lunch at 12:00

Pot luck please bring something to share

Get into service volunteers needed contact

TAMARRA 801-995-2710

### Area 69 Pre- Conference Assembly

**\*\*\*Has Been Changed\*\*\***

**April 6,7 and 8<sup>th</sup>**

**April 6<sup>th</sup> and 7<sup>th</sup>**

**Friday and Saturday**

Grace Bible Church  
239 S Main Springville

**April 8<sup>th</sup>  
Sunday**

Springville Senior Center  
65 E 200 S  
Springville

8:00 am Registration  
9:00 - 5:00 General Session  
With lunch served 12:00 - 1:00

Please send registrations to  
2018 Pre-Conference Assembly  
P.O Box 1021  
Spanish Fork Utah 84660

### Springfest Campout

**June 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>**

**Hobble Creek Canyons Balsam Campground**

**Calling all artist there is a T-shirt design  
contest for this years Springfest T-Shirts all  
artwork must be turned in to  
Heidi 801-360-7998 by April 18 2018**

### Meeting changes

Pleasant Grove Group now meets:

"The Clink" has found a new home it is located at 35 So Main PG Please refer to the meeting schedule for times and days

Sober @ Sunrise:

Saturday @ 9AM 496 W 1400 No Orem  
instead of 130 N 400 E Orem

Young People's Group meets:

Monday @ 8PM-35-S Main St. PG.  
(Entrance northeast stairway) instead of Saturday

Friends of Dr. Bob Group has changed location. They still meet on Wednesday night @ 8 PM and their new location is 245 South 200 East in Springville (Presbyterian Church)

### No longer active

Women's Big Book-533 W 1900 North in Spanish Fork

11th Step Study/Meditation Meeting @ 496 W 1400 North, Orem (Palace)

### Get into Service

Central Office is looking for Volunteers  
If interested Call Mitch  
(801) 375-8620

The Central office 12 step call list is in need of men and women willing to make 12 step calls, so the suffering alcoholic can make a lifesaving connection. Please contact Mitch at Central Office  
(801)801-375-8620

Hot line volunteers needed to answer the phone when the suffering alcoholic makes that call.  
Please contact Central Office  
(801)-375-8620

No Booze News is always looking for stories and suggestions.  
Please E-Mail Ideas to  
[utahcountynoboozenews@gmail.com](mailto:utahcountynoboozenews@gmail.com)

Artist needed Submit a design to be on this year's Springfest T-shirts. Winner will receive a FREE T-shirt please have all art work submitted by April 18, 2018 to Heidi 801-360-7998

## MORAL INVENTORY

From: Alcoholics Anonymous (New York, NY: April 1939) and  
A.A. – An Interpretation of Our Twelve Steps (Washington D.C.: Sept. 1944)

### Liabilities

Watch for--

### Assets

Strive for --



Resentment																					Forgiveness		
False Pride																							Humility
Envy																							Contentment
Jealousy																							Trust
Selfishness																							Unselfishness
Laziness																							Activity
Dishonesty																							Honesty
Fear																							Love

Blank Assets and Liabilities Checklist

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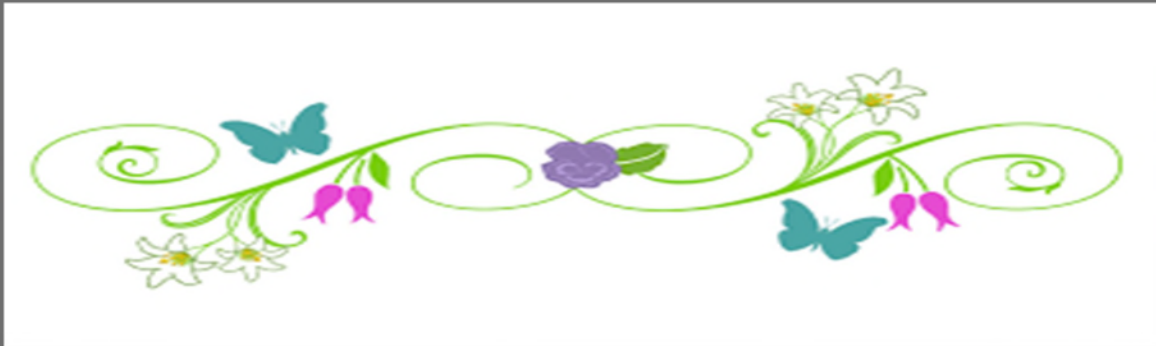
If you could read my mind,  
I'm pretty sure you'd be  
traumatized for life.

**Say's almost everyone  
on a 1st 4th step!**

**[www.the-twelve-steps.com](http://www.the-twelve-steps.com)**



# April 2018



## 331 Years of Sobriety

*Save the Date*

March 31 EASTER CELEBRATION  
 April 6 - 7 - 8 Pre Conference  
 June 1- 2- 3 Springfest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Brandon H 14 Kathleen S 5	2 Jim P 33	3 Cheryl A 8 Cara B 3	4 Dan P 21 Nat R 14	5 Delbert D 14	6	7 Holly R 8 Susan T 9
8	9 Rob W 4 Megan B 2	10 Jeanne Lauree 17 Mark F 9	11 Amberlee E 9 Dani 7	12	13	14 Tracie J 10
15 John L 33	16 Court M 12 Chaz 5	17	18	19 Andy C 19	20 Gretchen M 14 Heidi 14 Rob B 25	21
22	23 Josh H 2 Wayne 26	24 Neal F 5	25 Dan S 14	26	27	28
29	30					