

The No Booze News

Alcoholics Anonymous Utah Valley Central Office

June 2017

Step 6

Were entirely ready to have
God remove all these defects of character.

Tradition 6

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

6th Step Prayer

God help me become willing to let go of all the things to which I still cling. Help me to be ready to let You remove all of these defects, that Your will and purpose may take their place. Amen.

Get into Service!!!

Central Office is looking for Volunteers.
If interested Call Mitch (801)375-86220
The Central office 12 Step call list is in need of men and women willing to have their number put on the machine answering for when the suffering alcoholic calls they can make a lifesaving connection
Please let Central office know... (801)975-8620 or call-
YuVonka (801)300-8751
AA Hotline Now Available, call if you need help with your drinking. 801-857-7294

Utah Valley Central Office
742 North 500 West #103, Provo, UT 84601
Monday Through Friday
9am-11:30am
1:30pm-4pm
Phone (801)375-8620
New website: www.utahvalleyAA.org
Office Manager: Mitch aa@utahvalleyaa.org
Chairman Jill: chairman@utahvalleyaa.org

Check out Central Office Website:
www.utahvalleyAA.org
No Booze News- now on the website

Central Office Meetings

When: 3rd Wednesday of the month
Time: 6:30pm
Place: St. Mary's Church

District Office Meetings

When: 1st Wednesday of the month
Time: 6:30pm
Place: St. Mary's Church

Upcoming Events

Utah Valley Central Office 4th Annual Springfest Campout

June 9th, 10th and 11th
Hobble Creek Canyon-Balsam Campground
Registration Friday- noon – 6pm
\$10.00 includes dinner Friday and Sat. (kids free)
Bring a salad for Friday, a side dish for Sat. and breakfast food for Sunday to share with everyone.
Volunteers needed.
Contact Brent R at (801)318-5472

Tournament 4th Annual Springfest Golf

Hobble Creek Golf Course
Saturday June 10th
First Flight @6:30 am
2-man Best Ball for 9holes
Entry Fee-\$10 plus green fees
For more info contact
Patrick M.

*****Donations are needed for the raffle, call Cyndee at 801-427-3594*****

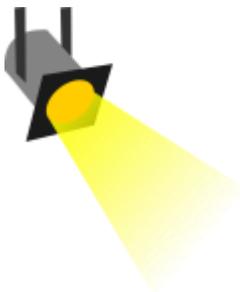
UCYPAA

June 23rd-25th
Where: Valley Camp
5325 North Fork Rd. Eden, UT 84310
There will be onsite camping included
There will be onsite camping included in the registration
Pre-Registration \$15 until 3/1/17
(registration at event \$30) (1mile up the road you will be able to park trailers)

Home and Hospital Meetings

Did you know that if you or anyone you know that is homebound or in the hospital can have a meeting brought to you?
Ricky is your guy! Call 385-375-4692

Spotlight Meeting Friends of Dr. Bob



The Friend of Dr. Bob Big Book Study meets every Wednesday night at 8:00p, at a private residence.

467 East 1700 North, Mapleton.

This group has been meeting every Wednesday for 15 years, it started in January of 2002.

There were originally 10 people who started this group and now has 15 home group members.

We believe in the 3 legacies of sobriety and encourage sponsorship and we often will stay after the meeting until 11 pm most Wednesdays talking recovery. We meet monthly as a steering committee to talk about what service projects we will be working on for district or central office.

We currently have made T-shirts for our home group members to wear while we help the Springfest committee set up and clean up for Saturdays dinner. We are a very intimate group and support each other and usually hang-out outside of our group meeting time.

We welcome all alcoholics that wish to recover from the disease of alcoholism!

Unity

Coming together uniting as one,
Is better than being alone on the run.
Lost and alone always hoping to find,
Sitting alone going out of my mind.
Never before did I think I would see,
I'm no longer lost,
I'm happy, joyous, and free.
I found that it's not up to you, it's me,
I have to work this with God, on one knee.
Today I'm complete with God on my side,
I no longer have to be afraid and hide.
The days seem so much brighter
With clarity, it feels right,
I came out of the darkness and
Stepped into the light.
So when you read this
And feel the darkness, no hope,
You don't have to be alone
At the end of your rope.
A peace can come if you want it real bed,
Together we'll make it and no longer be sad.
Unity is the key for peace to us all
All you need to do is pick up the phone and
call.

Patti L.

A Call For Sharing

Have you ever been in a meeting where no one seemed willing to share their experience, strength and hope? Were there long minutes of silence because the leader refused to lead by calling on participants, and the members in attendance refused to speak up? I have been in such meetings and find them a terrific waste of time that could be spent more profitable in sharing with one another and the new comer to AA just what sobriety is all about.

The No Booze News seems to be experiencing the same reluctance on the part of AA members to share in writing with one another. This may be because they have nothing to say (but I doubt it) This is intended to be YOUR newsletter. Please let us know what is going on in your groups and in your sobriety by sending in letters, jokes, poems announcements of upcoming events and anything else you would like to see included.

The No Booze News can only be what you make of it.

Thanks to those who have shared and to those who I am sure will share in the future.

Submit items for the newsletter too:

Suzannerichmond22@gmail.com

Or take a picture of your item and text it too: 801-735-7874

The Editor

From the Archives-September 1998

The phone call

my name is Jeff and I am an alcoholic, I'd like to share some experiences in recovery with you. I consider myself a newcomer in A.A. I have 99 days clean and sober. This is mainly for the newcomer but I hope everyone will get something out of this.

I started my sobriety in Utah State Prison. I was on road crew, being one of the ten people that was bringing in the 'stuff'. My last time bringing in the stuff was April 23, 98. I could have kept going what I was doing, but I had 30 days until my release back into the "real world." I did not want to go back to prison nor did I want to test the system to see if I could get away with it. I went cold turkey. By the time I was released I had 30 days clean. I went home for 2 days and then I went into treatment down in St. George. I had been there before but I fought them all the way. This time I applied myself. I paid attention to what was said and did my assignments. When I got out, after the drive from St. George to Hi Prove, I made a call to some I did not know. I am thankful still to this day that I put my hate towards answering machines aside and left a message. About 30 minutes later I received a phone call asking me how I was doing and if I would like to go to an AA meeting the next night. I was very hesitant. My old behavior was surfacing, telling me that I did not need a meeting and that I did not know these people and that I sure would not know anybody at the meeting. (plus Mom said never to ride with strangers, didn't she?) I was going to decline, but at the last second I said I would go. The next day I rationalized that I could get out of it somehow, but I'll be dipped in shit if at 6:30 someone wasn't knocking on my door, telling me if we went to U.C.Y.P.A.A. it would be more fun because there were more young people there. So I was committed. By the time we got there I was very uncomfortable. I got out of the car turned around, and heard someone calling my name. "What the F...!" How does everyone already know my name?" I looked around for a minute and saw this girl I was in treatment with, then I looked around some more and there was a truck load of people I was in treatment with. Holy hell, all of my discomfort was gone. I was among friends, people I knew and they knew me. I ended up having a good time and now I am glad that I made the time to make that first call. Since change is not easy for me I tend to push people away, but through A.A. I have made real friends. If you are new in the program or an old timer that is having a hard time, heed my words and make a phone call. Because for me a phone call changed my life around.

My sincerest appreciation to the two people that came and got me the night of UCYPAA. Thank you and God bless us all.

Just For Today;

As far as I know my life begins and ends with today, this is my lifetime, the arena where life happens. If I am to do anything in my life it will have to be now, there is no other time in which to act. So I sort of just live it as it's given, 24 hrs. at a time.

Dennis M.

