

THE NO BOOZE NEWS



Alcoholics Anonymous - Utah Valley Central Office January 2018

Step 1 - We admitted we were powerless over alcohol - that our lives had become unmanageable.

Tradition 1 - Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept 1 - We dedicate our sobriety to serving the group conscience.

First Step Prayer

Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism.

Utah Valley Central Office

742 North 500 West #103, Provo, Ut. 84601

Phone (801) 375-8620

Monday -Friday

9am-11:30am

1:30pm-4pm

Website: www.utahvalleyAA.org

Office Manager: - Mitch aa@utahvalleyaa.org

Chairman Jill – chairman@utahvalleyaa.org

Central office now accepts credit and debit cards.

Central Office Meetings

When: 3rd Wednesday of the month

Time: 6:30pm

District Office Meetings

When: 1st Wednesday of the month

Time: 6:30pm

Place Provo for both meetings- St. Mary's Church

How many of us have wanted to go to a meeting and it is no longer active or at another location? We need your help keeping a current meeting schedule.

If you are aware of a meeting that has been canceled or has moved, please contact Mitch at 801-375-8620 or E-Mail aa@utahvalleyaa.org

Home and Hospital Meetings

Did you know that if you or anyone you know that is homebound or in the hospital can have a meeting brought to you?

Ricky is your guy! Call 385-375-4692

AA Hotline Now Available: Call if you need help with your drinking problem! (don't call for rides, etc. - this number is for helping you Not Drink!) **801-857-7294**

Calling all Sponsors

In order to be thorough and include everyone in the Birthday Calendar I would ask all you kind and giving people to give once more and E-mail a list of all your Sponsee's names and birthdays to utahcountynoboozenews@gmail.com.

Unity

In an effort to support unity between groups, and groups and Central Office, please let us know if your group is sponsoring any events and you would like help getting the word out. Also, if your group would like to sponsor an event.

What's Happening Around AA
Escape the cold and have some fun
in the sun.

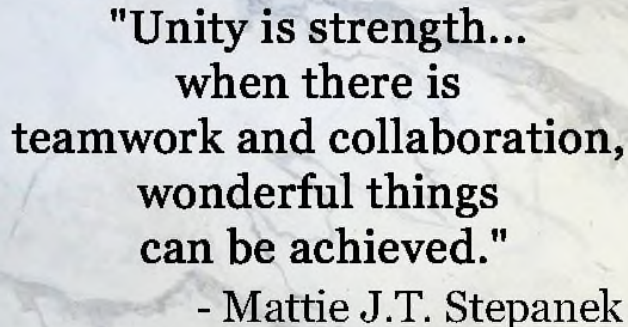
28th Annual River Round up

January 11-14 tri state river cities consisteing of
Laughlin NV, Bullhead City AZ, and Needles CA

Chairperson Bill C 928-542-9392
Registration Debra C 928-542-9044
River.roundup@yahoo.com

www.rcco-aa.org

Speaker Meetings, Hospitality Social, Al-Anon
Speaker, Golf TERNAMENT with lunch includeed,
Raffles, Banquet Dinner, Spiritual Speaker Meeting,
Count Down & 50/50.



"Unity is strength...
when there is
teamwork and collaboration,
wonderful things
can be achieved."
- Mattie J.T. Stepanek

21st Anniversity
Dixie Winterfest 2018

Febuary 23-25 St George Utah

Darcy H 435-231-2188
dixieaaoffice@gmail.com
<http://www.dixiewinterfest.org/index.php/user>

Speakers, Ala-Teen Speaker, Al Anon Speaker,
Entertainment and Skit, Breakfast, Golf TERNAMENT,
Hikes at Zions National Park, Work Shops, Bingo

Meeting changes

Pleasant Grove Group now meets:
Sunday @ 6 pm-451 E 1000 S, Suite C. PG
(Atlas Therapeutic Services) Tues @ 8PM-35-
S Main St. PG. (Entrance northeast stairway)

Wed @ 6PM-35 S Main St. PG (Entrance
northeast stairway)

Sat @ 8PM-35-S Main St. PG. (Entrance
northeast stairway)

Young People's Group meets:
Monday @ 8PM-35-S Main St. PG. (Entrance
northeast stairway) instead of Saturday

Friends of Dr. Bob Group has changed
location. They still meet on Wednesday night
@ 8 PM and their new location is 245 South
200 East in Springville (Presbyterian Church)

No longer active

Women's Big Book-533 W 1900 North in
Spanish Fork

11th Step Study/Meditation Meeting @ 496 W
1400 North, Orem (Palace)

Get into Service

**Central Office is looking for
Volunteers
If interested Call Mitch
(801) 375-8620**

**The Central office 12 step call list is in
need of men and women willing to
make 12 step calls, so the suffering
alcoholic can make a lifesaving
connection. Please contact Mitch at
Central Office
(801)801-375-8620**

**Hot line volunteers needed to answer
the phone when the suffering
alcoholic makes that call.
Please contact Central Office
(801)-375-8620**

**No Booze News is always looking for
stories and suggestions.
Please E-Mail Ideas to
utahcountynoboosenews@gmail.com**



Find-A-Feeling



WORD SEARCH PUZZLE



SURPRISED
NERVOUS
AFRAID
CAUTIOUS
CONFUSED
ECSTATIC
EXCITED

ENRAGED
HAPPY
ANGRY
FRUSTRATED
BORED
JEALOUS
WORRIED

PROUD
PROUD
CONFIDENT
LONELY
SHOCKED
HOPELESS
SAD

© 2012 www.KindMindMental.com



Adam Siczinski

1000de.com

A *Sponsor* is one that
knows you as you are
understands where
 you have been *accepts*
 what you have become
 and still gently *allows*
 you to grow.

SAMPLE



*Happy
Birthday*

247 Years of Sobriety



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Jeff S 25 Jai W 15 Fancis 8 Vinnie M 9	2 Brian J 2	3	4	5 Susan G 40	6 Jeff W 31
7 Mike H 10	8 Corry N 15	9 Amanda G 3	10	11 Brooke J 5	12 Markie 4	13
14	15 Trina 24 Maurice W 8	16	17 Cole P 5	18	19	20
21	22	23 Tammy G 3	24	25 Gordan T 25	26 Sherry M 10 Jamie R 3	27 Kris B 2
28	29	30	31			