

The No Booze New

Utah Valley Central Office

September 2017

Step 9- Made direct amends to such people wherever possible, except when to do so would injure them or others..

Tradition 9- A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

9th Step Prayer -"God, with regard to this amend, give me the strength, courage and direction to do the right thing, no matter what the personal consequences may be. Help me not to shrink from anything. Help me not to delay if it can be avoided. Help me to be sensible, tactful, considerate and humble without being servile or scraping.

Whether you are still drinking or not, remember ... the only requirement for A.A. membership is a desire to stop drinking.

Home and Hospital Meetings

Did you know that if you or anyone you know that is homebound or in the hospital can have a meeting brought to you? Ricky is your guy! Call 385-375-4692

AA Hotline Now Available: Call if you need help with your drinking problem! (don't call for rides, etc. - this number is for helping you Not Drink!) **801-857-7294**

Utah Valley Central Office

742 North 500 West #103, Provo, Ut. 84601

Phone (801) 375-8620

Monday -Friday

9am-11:30am

1:30pm-4pm

Website: www.utahvalleyAA.org

Office Manager: - Mitch aa@utahvalleyaa.org

Chairman Jill – chairman@utahvalleyaa.org

Central office now accepts credit and debit cards.

Get into Service

Central Office is looking for Volunteers

If interested Call Mitch (801) 375-8620

The Central office 12 step call list is in need of men and women willing to have their number put on the machine answering for when the suffering alcoholic calls they can make a lifesaving connections.

The hotline also needs volunteers.

Please contact Central Office- 801-375-8620

Or YuVonka 801-300-8751

Central Office Meetings

When: 3rd Wednesday of the month

Time: 6:30pm

District Office Meetings

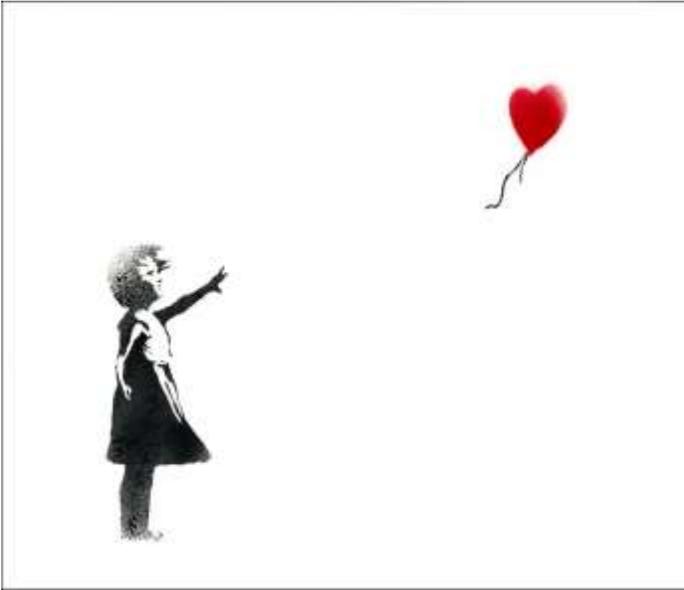
When: 1st Wednesday of the month

Time: 6:30pm

Place Provo for both meetings- St. Mary's Church

Unity

In an effort to support unity between groups, and groups and Central Office, please let us know if your group is sponsoring any events and you would like help getting the word out. Also, if your group would like to sponsor an event.



Let Go and Let God

BROKEN DREAMS

As children bring their broken toys
With tears for us to mend,
I brought my broken dreams to God
Because He was my Friend.

But then instead of leaving Him
In peace to work alone,
I hung around and tried to help
In ways that were my own.

At last I snatched them back and
cried

How could you be so slow?
My child, He said, what could I do,
You never would let go.

-Anonymous-

Quote Of The Month

We pocket our pride and go at it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience.

The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.

-Alcoholics Anonymous, pg.75

Working With A “Wet Drunk”

For many of the current members of Alcoholics Anonymous working with a “wet drunk” is a new experience. For others, this experience has been limited to providing transportation to a ‘detox’ or treatment facility.

Some of us even find the idea of making a 12 step call on someone who is drunk a little frightening. After all, practicing alcoholics can be difficult people to deal with.

(It is easy to forget that not so long ago We were the ‘wet ones’ and that practicing alcoholics come in as many different sorts as sober ones).

For those experiencing this type of 12 step work for the first time, there are some guidelines that may be helpful.

First, those who do this type of 12 step work frequently make it a practice to read Chapter 7 “Working With Others “ out of the Alcoholics Anonymous Big Book prior to going on a 12 step call. This chapter gives specific instructions on how to carry the message to practicing alcoholics.

Second, those with experience suggest that when making these calls it is well to take another sober alcoholic with you. (you have twice the experience to share, and there really is strength and safety in numbers).

Third, whenever possible it is preferable that we work with alcoholics of the same sex. Identification is usually easier and the potential problems less.

Fourth, don’t forget the family of the alcoholics. Many of us would not have survived to find Alcoholics Anonymous without them, and most of us find in sobriety that we harmed our families badly while drinking.

The big book tells us that even in those cases where the alcoholic doesn’t not respond we should not neglect the family.

Some of us may ask :Why should I call on practicing alcoholics? There are plenty of new people coming into the program through the courts, treatment centers, and other such referrals.” The first two paragraphs of Chapter 7 answer this question much better than I could:

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail. Remember- they are very ill.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends -this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.

Oliver Slipp, September 1961